



Construction/Concrete and Masonry Construction
- Admin. Order 1-2003, filed January 30, 2003, effective April 30, 2003.
- This new rule is ADDED following 1928.706.

Registration Information

Preregistration is required for all workshops.

There are three convenient ways to register: online, mail, or fax. See the registration form for details.

Online at www.orshea.org

Click on the "Education" link

Visit our online registration system on the Education page at www.orshea.org. The first time you register for a class using this system, you will receive an online confirmation. You also will receive a follow-up letter that includes your personal identification number (PIN). Next time you register using your new PIN, you will receive online confirmation only.

Students can use their PIN to do the following:

- Register for workshops online
- Preview workshop schedules by topic, date, or location
- Read workshop descriptions
- Review personal workshop attendance history
- Check schedule for future classes
- Cancel a workshop registration
- Maintain personal account information
- Adjust mailing list information

Businesses can do the following:

- Establish a business account to easily manage employee training
- Register groups of employees for workshops
- Add and remove employees from account
- Update account information
- Add and remove employees from mailing lists

Fee

Oregon OSHA does NOT charge a fee for workshops, online courses, or on-site education. These services are funded in part by Oregon employer workers' compensation premium assessments.

Workshop Accessibility

All workshop sites are wheelchair accessible. If you need other accommodations, please inform us when you register.

Cancellations

To cancel a class registration, you can use our online registration system or call our Salem office at **503-947-7443**, or toll-free in Oregon **888-292-5247, option 2**.

We may cancel workshops due to lack of attendance, instructor illness, or emergencies. Those who are registered will be notified.

See inside pages for the 3-month workshop schedule and registration form.

Workshops fill up fast, so register early!

Note: If you need additional information, please call the registration office, in Salem 503-947-7443, or toll-free in Oregon, 888-292-5247, option 2, or visit www.orshea.org and click on the "Education" link.

All classes are approximately 4 hours, unless otherwise specified.

100 Safety and Health Management – The Basics

Bend	6/2/10	8 a.m.
Eugene	6/8/10	8 a.m.
Hillsboro	4/21/10	8 a.m.
Ontario	5/27/10	8 a.m.
Roseburg	4/28/10	8 a.m.
Wilsonville	6/3/10	1 p.m.

101 Introduction to Safety Meetings and Committees

Bend	4/27/10	8 a.m.
Burns	5/13/10	8 a.m.
Canyon City	5/12/10	8 a.m.
Gresham	4/13/10	8 a.m.
La Grande	6/10/10	8 a.m.
Lincoln City	6/23/10	1 p.m.
Medford	6/23/10	8 a.m.
North Bend	4/8/10	8 a.m.

102 Conducting an Accident Investigation

Astoria	4/21/10	8 a.m.
Bend	6/23/10	8 a.m.
Eugene	4/14/10	8 a.m.
Hillsboro	5/12/10	8 a.m.
Medford	4/7/10	8 a.m.
Wilsonville	6/3/10	8 a.m.

103 Conducting a Job Hazard Analysis (JHA)

Astoria	4/21/10	1 p.m.
Bend	4/28/10	8 a.m.
Gresham	6/16/10	8 a.m.
Hillsboro	4/22/10	8 a.m.
Medford	4/8/10	8 a.m.
Pendleton	5/12/10	1 p.m.
Roseburg	5/13/10	8 a.m.

104 Identifying and Controlling Hazards

Eugene	5/25/10	8 a.m.
Gresham	5/11/10	8 a.m.
Klamath Falls	5/19/10	8 a.m.
Medford	6/24/10	8 a.m.
Ontario	5/26/10	1 p.m.
Roseburg	5/12/10	8 a.m.

105 Introduction to Safety Training

Hillsboro	4/21/10	1 p.m.
Medford	6/23/10	1 p.m.

106 What to Expect from an OR-OSHA Inspection

Bend	6/3/10	8 a.m.
Eugene	4/13/10	8 a.m.
North Bend	4/7/10	8 a.m.
Roseburg	4/28/10	1 p.m.
The Dalles	4/27/10	1 p.m.
Wilsonville	5/18/10	1 p.m.

108 OSHA 300 Recordkeeping

Bend	5/20/10	1 p.m.
Eugene	6/9/10	8 a.m.
Medford	4/7/10	1 p.m.
Ontario	5/27/10	1 p.m.
Salem	6/15/10	1 p.m.
Wilsonville	6/2/10	8 a.m.

111 Safety Committee Problem Solving

Gresham	4/13/10	1 p.m.
Pendleton	5/12/10	8 a.m.
Wilsonville	5/18/10	8 a.m.

112 Safety and the Supervisor

Gresham	5/11/10	1 p.m.
Klamath Falls	5/20/10	8 a.m.
Pendleton	4/6/10	1 p.m.
Wilsonville	6/2/10	1 p.m.

119 Safety Accountability

Astoria	4/20/10	1 p.m.
Bend	5/20/10	8 a.m.
Eugene	6/9/10	1 p.m.
Medford	4/8/10	1 p.m.
Salem	6/15/10	8 a.m.

120 Developing a Violence Prevention Program

Hillsboro	4/22/10	1 p.m.
Salem	6/16/10	1 p.m.

121 Root Cause Analysis

Bend	6/23/10	1 p.m.
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201 Introduction to Ergonomics

Bend	6/22/10	8 a.m.
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203 Personal Protective Equipment

Gresham	4/14/10	1 p.m.
Pendleton	5/13/10	1 p.m.

204 Lockout/Tagout and Machine Safeguarding

Gresham	6/16/10	1 p.m.
Klamath Falls	5/19/10	1 p.m.
North Bend	4/7/10	1 p.m.
Pendleton	4/7/10	8 a.m.

205 Hazard Communication Program

Eugene	4/13/10	1 p.m.
Hillsboro	5/12/10	1 p.m.
Ontario	5/26/10	8 a.m.

208 Process Safety Management

Wilsonville	5/19/10	1 p.m.
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212 Workplace Emergency Action Plan

Eugene	5/25/10	1 p.m.
Gresham	6/17/10	1 p.m.
North Bend	4/8/10	1 p.m.
Roseburg	5/13/10	1 p.m.
Salem	6/16/10	8 a.m.

213 Silica in Construction (2 Hours)

Gresham	4/14/10	10 a.m.
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214 Lead in Construction (2 Hours)

Gresham	4/14/10	8 a.m.
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215 Confined Space Safety

Bend	6/3/10	1 p.m.
Pendleton	5/13/10	8 a.m.
Roseburg	5/12/10	1 p.m.
The Dalles	4/27/10	8 a.m.

216 Bloodborne Pathogens

Bend	6/22/10	1 p.m.
Eugene	5/26/10	1 p.m.

217 Hearing Conservation Program

Bend	4/27/10	1 p.m.
Eugene	4/14/10	1 p.m.
Wilsonville	5/19/10	8 a.m.

220 Motor Vehicles: Planning and Safe Practices

Gresham	6/17/10	8 a.m.
Medford	6/24/10	1 p.m.
Pendleton	4/6/10	8 a.m.

221 Forklift Safety

Bend	5/19/10	1 p.m.
Eugene	6/8/10	1 p.m.
Lincoln City	6/24/10	1 p.m.
Pendleton	4/7/10	1 p.m.

287 Safety Training and Your Multicultural Workforce

Hillsboro	6/23/10	1 p.m.
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301 Fall Protection

Bend	6/2/10	1 p.m.
Eugene	5/26/10	8 a.m.
Lincoln City	6/23/10	8 a.m.
Newport	6/3/10	8 a.m.
Roseburg	4/29/10	1 p.m.
Tillamook	6/2/10	8 a.m.

302 Excavation Safety

Astoria	4/20/10	8 a.m.
Bend	5/19/10	8 a.m.
Burns	5/13/10	1 p.m.
Klamath Falls	5/20/10	1 p.m.
Lincoln City	6/24/10	8 a.m.
Roseburg	4/29/10	8 a.m.
The Dalles	4/28/10	8 a.m.

303 Ladder Safety (2 Hours)

Canyon City	5/12/10	1 p.m.
La Grande	6/10/10	1 p.m.
Newport	6/3/10	1 p.m.
The Dalles	4/28/10	1 p.m.
Tillamook	6/2/10	1 p.m.

PESO - En Espanol

281 PESO – Manipulación Manual de Cargas / Manual Material Handling

Gresham	5/5/10	1 p.m.
Medford	6/3/10	1 p.m.

282 PESO – Protección Contra Caídas/ Fall Protection

Gresham	5/6/10	8 a.m.
Hillsboro	6/24/10	8 a.m.

283 PESO – Comités de Seguridad y Reuniones de Seguridad/Safety Committees and Safety Meetings

Eugene	4/29/10	8 a.m.
Gresham	5/5/10	8 a.m.
Medford	6/2/10	8 a.m.
Wilsonville	5/11/10	8 a.m.

285 PESO - Comunicación de Riesgo/ Hazard Communication

Medford	6/2/10	1 p.m.
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286 PESO - Liderazgo en la Seguridad/ Safety Leadership

Eugene	4/29/10	1 p.m.
Hillsboro	6/23/10	8 a.m.
Medford	6/3/10	8 a.m.
Wilsonville	5/11/10	1 p.m.

Workshop Registration Form

Duplicate this form as needed • Use one form per person • Complete all information

(Please print or type)

Name: _____
First Last

Company: _____

Mailing address: _____

City: _____ State: _____ ZIP: _____


Phone: (_____) _____ Fax: (_____) _____

E-mail address: _____

If you require special accommodations, see contact information below.
 Please submit your registration only once, either online, by mail, or fax.

Class #	Date	Location	Check here to: <input type="checkbox"/> be removed from our postal mailing list. <input type="checkbox"/> receive e-mail notification only. (must provide e-mail address above). <input type="checkbox"/> receive multiple postal copies of the workshop schedule. Total copies to be sent: _____ <input type="checkbox"/> receive information about free on-site consultations (a confidential service from Oregon OSHA).
Example: 999	4/1/10	Salem	
_____	_____	_____	
_____	_____	_____	
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Directions to the workshops will be sent with your confirmation.

Online registration	Mail or fax registration	Questions or cancellations
<p>www.orosha.org</p> <p>click on the "Education" link</p> 	<p>Mail:</p> <p>Oregon OSHA Public Education P.O. Box 14480 Salem, OR 97309-0405</p> <p>Fax: 503-947-7462</p>	<p>Call:</p> <p>Salem office 503-947-7443</p> <p>or toll-free in Oregon 888-292-5247, option 2</p>

Workshop Descriptions

All classes are approximately 4 hours, unless otherwise specified.

100 Safety and Health Management - The Basics

You will learn about: the elements of an effective safety and health management program; best practices; and overcoming obstacles.

101 Introduction to Safety Meetings and Committees

This introductory class discusses: the role and purpose of the safety meetings and/or committee; employer and employee responsibilities; and safety committee training requirements.

102 Conducting an Accident Investigation

You will learn about: why investigations are important, and the process for conducting an accident investigation. This how-to workshop builds on the basic introduction in class *101 – Introduction to Safety Meetings and Committees*.

103 Conducting a Job Hazard Analysis (JHA)

You will learn how to: determine which jobs need a JHA, write an effective safe job procedure, and use the JHA to improve safety programs. Conducting JHAs is required for all companies intending to achieve Safety and Health Achievement Recognition Program (SHARP) certification.

104 Identifying and Controlling Hazards

You will learn about: the types of workplace hazards; hazard correction, developing an inspection checklist for the walk-around inspection, and writing an effective safety inspection report. This workshop builds on the introduction in class *101 – Introduction to Safety Meetings and Committees*.

105 Introduction to Safety Training

You will learn about: the process in developing and presenting safety training, and developing lesson plans and safety training documentation. More than 100 Oregon OSHA standards specifically require some form of training.

106 What to Expect from an OR-OSHA Inspection

You will learn about: Oregon OSHA services, employee/employer and compliance officer rights and responsibilities, how and why inspections are conducted. Helps take the mystery out of the Oregon OSHA compliance inspection process.

108 OSHA 300 Recordkeeping

You will learn about: reporting requirements, and how to fill out the OSHA forms, determine if an injury or illness should be recorded, and evaluate the form and recognize injury trends and root causes.

111 Safety Committee Problem Solving

This course moves beyond the basics of safety committee requirements. It will be presented as a facilitated discussion on topics such as preparing effective recommendations, how to sell safety to management, and how to encourage the development of safety culture in the workplace. Other topics will be discussed as provided by attendees.

112 Safety and the Supervisor

You will learn about: costs and benefits of taking corrective action, and the five general safety supervision responsibilities outlined in OSHA rules. Through class discussion and group exercises, you learn about leadership that supports safe behaviors and conditions.

116 Safety and Health Program Evaluation

You will learn about: the evaluation process, conducting a successful evaluation, and using it to improve your safety-management system. Builds on the principles in class *100 - Safety and Health Management – The Basics*. Helps you meet safety committee requirements in OAR 437-001-0765, to evaluate the employer's accident and illness prevention program.

119 Safety Accountability

You will learn about: the essentials of effective accountability in the workplace. Helps you meet safety committee requirements in OAR 437-001-0765, for evaluating the employer's accountability system.

120 Violence in the Workplace

You will learn about: methods to recognize, evaluate and respond to risk factors related to workplace violence.

121 Root Cause Analysis

You will learn about: several root-cause analysis tools and their application in the accident investigation process. A walk-through of an example root cause analysis will be presented.

201 Introductions to Ergonomics

You will learn about: identifying risk factors in the workplace, methods for reducing or eliminating risk factors, and the components of an effective ergonomics program.

203 Personal Protective Equipment

You will learn about: issues related to hazard identification and control, selection, and certification of personal protective equipment.

204 Lockout/Tagout and Machine Safeguarding

This two-part workshop reviews the requirements in OSHA rules. The Control of Hazardous Energy (Lockout/Tagout), and Machinery and Machine Guarding.

Lockout/Tagout

You will learn about: the purpose and scope of the lockout/tagout standard, lockout and tagout procedures, training criteria, and periodic inspection criteria.

Machine Safeguarding

You will learn about: Oregon OSHA machine guarding requirements, hazardous motions and actions, guards and devices, and training guidelines.

205 Hazard Communication Program

You will learn how to: write a hazard communication program, complete a chemicals list, conduct employee training, and analyze container labels and Material Safety Data Sheets (MSDS). This how-to workshop guides you through developing and implementing an effective hazard communication program. Provides three credits toward recertification of Oregon certified pesticide applicator licenses.

208 Process Safety Management and Reactive Chemicals

You will learn how to: identify PSM and reactive chemical hazards. The course will include a review of applicable Oregon OSHA regulations and requirements.

212 Workplace Emergency Action Plan

You will learn about: emergency action plans and fire prevention plans, best practices for a comprehensive emergency action plan for your workplace, and how to complete a vulnerability analysis.

213 Silica in Construction (2 hours)

You will learn how to: identify potential silica exposure hazards, how to evaluate them, and options for controlling them, including engineering controls, management controls, and personal protective equipment.

214 Lead in Construction (2 hours)

You will learn how to: identify potential lead exposure hazards, how to evaluate them, and options for controlling them, including engineering controls, management controls, and personal protective equipment.

215 Confined Space Safety

You will learn about: the definition of a confined space and a permit-required confined space, hazards, alternative procedures to control atmospheric hazards, the written program, and entry permit system.

 = **New workshops!**

Workshop Descriptions

All classes are approximately 4 hours, unless otherwise specified.

216 Bloodborne Pathogens

You will learn about: the bloodborne pathogens rule and written exposure control plan. Topics will include basic information about routes of exposure, disease processes, control measures, and training requirements.

217 Hearing Conservation Program

You will learn about: the elements of an effective hearing conservation program, what actions can be taken to prevent hearing loss, and signs that noise could be harming hearing.

220 Motor Vehicles: Planning and Safe Practices

You will learn about: the main elements of managing both vehicle and driver safety program

221 Forklift Safety

You will learn about: the OSHA rules for Powered Industrial Trucks and developing a forklift training program.

287 Safety Training and your Multicultural Workforce

You will learn how to: develop a safety culture with a multilingual and multicultural workforce and to overcome language and cultural barrier to form an effective training team to achieve safe work-practices.

301 Fall Protection

You will learn about: the importance of fall prevention planning, fall protection methods and systems, rescue planning, and training criteria.

302 Excavation Safety

You will learn about: the role of the "competent person," planning considerations, specific hazards resulting from excavation work, requirements for protective systems, and Oregon OSHA's soil-classification methods.

303 Ladder Safety (2 hours)

You will learn about: the various types of portable ladders and safety related work practices for their use, why falls from ladders occur and preventative measures to consider. We will discuss employer responsibility including training requirements and supervision.

PESO – Workshops in Spanish

PESO – Talleres En Español

281 Manipulación Manual de Cargas / Manual Material Handling

Aprenderá como: identificar los riesgos ergonómicos, prevenir lesiones de los músculos y huesos con información sobre el manejo seguro de cargas, diseño del lugar de trabajo y herramienta, y desarrollar soluciones reales a problemas ergonómicos comunes.

You will learn how to: identify ergonomic risks, prevent muscle and bone injuries with information on safe manual material handling, workplace design, and tools, and develop real solutions to common ergonomic problems.

282 Protección Contra Caídas / Fall Protection

Aprenderá sobre: la importancia de planeación para prevención de caídas, prevención de caídas vs. protección contra caídas, métodos y sistemas de protección contra caídas, calculando las distancias de las caídas utilizando sistemas individuales anticaídas, planeación para rescate y criterio para adiestramiento.

You will learn about: the importance of fall prevention planning, fall prevention vs. fall protection, fall protection methods and systems, calculating fall distances using personal fall arrest systems, rescue planning and training criteria.

283 Comités y Reuniones de Seguridad / Safety Committees and Safety Meetings

Aprenderá como: identificar los elementos claves de un comité de seguridad y reuniones efectivas, poner en pie conceptos de identificación de peligros e investigación de accidentes para reducir lesiones y enfermedades, y recomendar soluciones efectivas al patrón.

You will learn how to: identify the key elements of an effective safety committee, apply hazard identification and accident investigation concepts to reduce injuries and illnesses, and recommend effective solutions to the employer.

285 Comunicación de Riesgo / Hazard Communication

Aprenderá sobre: un programa de comunicación de riesgo, desarrollar una lista de químicos, llevar a cabo adiestramiento para los trabajadores, y etiquetas y hojas de datos de seguridad de los materiales (MSDS).

You will learn about: a hazard communication program, completing a chemicals list, conducting employee training, and labels and material safety data sheets (MSDS).

286 Liderazgo en la Seguridad / Safety Leadership

Aprenderá sobre: el concepto de liderazgo, estilos de liderazgo, la aplicación efectiva de reconocimiento y disciplina, y el desarrollo de la confianza y credibilidad. Énfasis es la aplicación de liderazgo para reducir o eliminar peligros de seguridad.

You will learn about: the concept of leadership, leadership styles, applying effective recognition and discipline, and developing trust and credibility. Emphasis is on applying leadership to reduce or eliminate safety hazards.

288 Investigación de Accidentes / Accident Investigation

Aprenderá sobre: el porqué son importantes las investigaciones de accidentes e incidentes, como llevar a cabo una investigación de un accidente efectiva, este taller práctico profundiza sobre el taller 283 – Comités de Seguridad y Reuniones de Seguridad.

You will learn about: why accident and incident investigations are important, and conducting an effective accident investigation, this how-to workshop builds on workshop 283 – Safety Committees and Safety Meetings.



 = ¡Talleres nuevos!



Oregon Occupational Safety & Health Division
 P.O. Box 14480
 Salem, OR 97309-0405

ADDRESS SERVICE REQUESTED

If you have received this in error or want your address updated or to be removed from our mailing list, please call toll-free in Oregon 888-292-5247, option 2.

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*Public
 Education
 Workshop
 Schedule*

*3-month schedule
 April-June 2010*

General Information

Oregon OSHA employee and employer education introduces managers, supervisors, safety committee members, and others to occupational safety and health requirements, technical programs, and safety and health management concepts.

Workshops – Oregon OSHA schedules workshops throughout the state to help employers and employees implement effective safety and health management programs.

Online courses – Many Oregon OSHA workshops are offered online for those unable to attend a workshop or for those who prefer to learn online in the convenience of their home or workplace.

On-site education requests – The goal of the Oregon OSHA Public Education section is to help employers become self-sufficient in safety and health training. The Oregon OSHA focus is to train the trainer, so employers can train their own employees in the future. Requests to Oregon OSHA for on-site education are met based on need, targeted audience, and available resources.

E-mail notification – You can receive e-mail notifications of Oregon OSHA educational opportunities by selecting the Education e-mail list from the “E-mail Notification” link on our Web site. **If you wish to receive e-mail notification ONLY**, call **503-947-7443** in Salem, or toll-free in Oregon **888-292-5247, option 2**, and we will promptly remove your name from our postal mailing list.

Information – Visit **www.orosha.org**, “Education” link, or call our office in Salem at **503-947-7443**, or toll-free in Oregon **888-292-5247, option 2**.



In compliance with the Americans with Disabilities Act (ADA), this publication is available in alternative formats. Call the Oregon OSHA public information officer, 503-378-3272



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